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First Selectwoman's Corner

As I write this update for Old Lyme Events, several weeks before you are reading it, I can report that the winter has been good to us - so far! While we have had some cold snaps that gave us single digit temps, they have been short-lived, with no significant snow. Of course, we have had a lot of rain, which is unusual for the season, but residents seem to prefer that to the snow (except of course, those looking for the winter sports requiring snow!). The mild weather is certainly kind to our budget, but as we all know, winter is not over yet!

On Monday, January 28th, the Annual Town Business Meeting was held, and the Annual Report for FY 2018 was distributed. This year's report booklet is quite impressive. The cover photos, by Kathleen Demeo, were simply stunning, and they remind us all why we love our town so much. Special thanks to Kathleen for allowing the use of her photos, and to Michele Dickey, who works so hard to bring together all the components of the report. Chairman of the Board of Finance, Andy Russell, summarized the report, and it was unanimously accepted. You can get your copy of the Annual Report for FY 2018 at Town Hall. Unfortunately, due to a scheduling conflict, the Board of Selectmen did not announce their Citizen of the Year - but this will happen at a future town meeting, so stay tuned for more to come! Those in attendance went on to approve an appropriation of \$46,000 for technology upgrades needed to accommodate a conversion of the Assessors

software, as well as increased cyber-security for the town. They also approved a resolution authorizing the Town to borrow up to \$1.25 million for the PGN Library renovations. Finally, Dave Evers was elected to serve on the Board of Assessment Appeals, and just in time, as we are just beginning a statistical revaluation this year!



Bonnie A. Reemsnyder
First Selectwoman

We are pleased to report that a contract has been signed with CWPM Waste Removal and Recycling Services to provide collection services for trash and recycling beginning July 1, 2019. Special thanks to Selectman Chris Kerr, Board of Finance member David Kelsey and our current provider, Gary Yuknat for their hard work in developing an RFP, reviewing the bids received and their input on the contract that was signed. The big news is that ALL RESIDENTS will now have weekly pickup of both trash AND recycling, beginning July 1, 2019. It is important to note that in the past, beach areas had trash pickup twice weekly from Memorial Day to Labor Day, but that will no longer be the case. Trash pickup for the entire town will be once weekly throughout the year. Residents should **continued on page 3**

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Selectwoman's Corner... continued from page 1

also be aware that the State of CT is pushing hard for compliance on recycling, and we have gotten several notices from our recycling vendor, Willimantic Waste, pointing out that there are contaminants in the recycling waste they receive from our town. This translates into increased cost to the town, resulting in increased taxes. You may have seen our efforts in the Events Magazines, News and Announcements, and even in the most recent Annual Report to remind our residents on "What's In, What's Out." This is the official list from the State of CT, and their graphic provides an easy reference for everyone about recycling and WHAT to recycle. Please post this handout for all in your family to see, and remind everyone that recycling materials are to be clean. We appreciate your efforts on this behalf, and are sure that you will appreciate the savings in cost!

The Halls Road Improvements Committee continues to work with Yale Urban Design Workshop on draft plans for improvements to Halls Road in an effort to make it more walkable, supportive of businesses, and connected to our Lyme Street and Arts areas. The Committee had a public information meeting on December 6th with the Yale Urban Design Workshop, where they presented some conceptual designs on components of a plan. The original plan was to encourage groups in attendance to work together to provide feedback on specific components, but it ended up being a great community conversation, with questions from the audience and responses from YUDW and the Committee. The workshop was well attended, considering the holidays, and the committee has since discussed many of the questions and comments received. A Frequently Asked Questions (FAQ) document was just published in an effort to clarify the mission, vision and timeline of the committee, as well as some details about the role of the town in the future of Halls Road. There will be additional public meetings in the future, as public input is essential to the success of a plan yet to be finalized. The FAQ document can be found on the town website at: www.oldlyme-ct.gov.

Speaking of the website, our host, Virtual Towns & Schools, has a new platform, and we will be moving to a custom website this spring. With special thanks to our IT committee, we are working closely with our representative to develop a more user friendly website. There will be advantages to Boards and Commissions when posting information, and we believe that it will be much easier for the public to navigate and search. While the current website has served its purpose over the years, we often get suggestions and requests to make navigation easier, and we hope that everyone will enjoy the upcoming improvements. We expect to be live in late spring, if not sooner.

As you may recall, Heritage Consultants of Newington, CT have been working on the Historic Resource Inventory Survey, continued on page 4

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Selectwoman's Corner... continued from page 3

which is being funded by a grant from the State Historic Preservation Office (SHPO). The survey is virtually complete, and the committee is now reviewing the final draft. The survey includes about 200 homes and we expect to make it available to the public in the near future. Stay tuned for more information on the survey.

As reported in the last issue of Old Lyme Events, the Town of Old Lyme has received two grants for infrastructure improvements - \$427,400 for the replacement of the Mile Creek Road Bridge over the Blackhall River, and \$348,838 for the replacement of the Grassy Hill Road Bridge over an unnamed brook. Our budget over the last two years has included some funding for the Mile Creek Road Bridge, so our 50% of that has already been allocated. And, Nathan L. Jacobson and Associates (NLJA) has been working on the design of the bridge for nearly two years, and we are just about ready to go out to bid for the construction. That will mean that this summer, the bridge will be closed, and there will be a detour for about 3-4 months, beginning in late June or early July. Of course, we will be keeping all residents posted on the bridge closure through News and Announcements, so be sure to subscribe to our web page if you have not already done so. We anticipate the actual construction on the Grassy Hill Road Bridge is likely going to be the spring or summer of 2021, as we will just begin the design phase in the next fiscal year. The Town of Old Lyme has already issued an RFQ

for qualified engineers, and will be making our selection this spring. Funding for the design will be in next year's budget with actual construction in following years. One thing is for certain - bridges are costly, and we are very lucky to have the grants to defray the cost and keep our budget reasonable.

Another grant that is allowing us to complete infrastructure improvements is the Connectivity Grant for \$400,000, allowing us to complete the sidewalks on Hartford Ave. from Bocce Lane to Rte. 156 on the west side. A committee is now being formed to begin working with engineers to develop the design plans. Once meetings of the committee begin, we will have a better idea of the timeline. Thanks to Selectwoman Mary Jo Nosal who agreed to be the lead on this project, as she had so much experience with the Sound View Improvements Project, which was also funded by a grant and came in well under budget.

Once again, the Town of Old Lyme will take part in the Sustainable CT effort through the Connecticut Conference of Municipalities (CCM). We have a great team of individuals who have agreed to work on this initiative in an effort to get certification for the Town of Old Lyme as a Sustainable Town. This involves both acknowledgement of past efforts (such as installation of LED lights, and our efforts on Open Space), and planning for future efforts (such

continued on page 6





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Selectwoman's Corner... continued from page 3

as EV charging station, etc.). If you would like more information on SustainableCT, please visit www.sustainablect.org.

Some dates to remember: The Board of Finance will be meeting each Tuesday night through February and March to develop the budget for FY 2020, and have scheduled a public hearing on Monday, April 15, 2019, with a vote on the budget scheduled for Monday, May 20, 2019. As Easter falls late this year, Town Hall will be closed on Friday, April 19th for Good Friday, and Monday,

May 27th for Memorial Day. It is exciting to look forward to the warmth of spring!

On behalf of the Board of Selectmen, I wish you all a wonderful spring season. Don't forget to get outside and enjoy this special time, when the trees just begin to come back to life, and the flowers are blooming.

Bonnie Reemsnyder, First Selectwoman

From the ADA Committee

ADA stands for Americans with Disabilities Act of 1990. The Town of Old Lyme has an ADA coordinator and a committee that meets every other month.

We are excited to announce that assistive listening devices are now available for meetings held in the Town Hall meeting hall. They are compatible with the existing sound

system. There are two types - one that is all-inclusive, and the other you can use your own headphones/earbuds. If you are attending a meeting and need access to these devices, you can contact the Selectman's office in advance at: 860-434-1605 ext. 212.

Did you know that the Town Hall has a wheelchair available for use while you are in

the building? If this would be a help to you, or someone you are with, please contact the Selectman's office in person or by phone 860-434-1605 ext. 212. You can also e-mail us in advance at selectmansoffice@oldlyme-ct.org.

Jennifer Datum, ADA Coordinator,
860-434-1605 ext. 228

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Assessor's Office

The Assessors Office reminds residents of Elderly Homeowners & Totally Disabled and Additional Veterans tax relief availability. Elderly & Totally Disabled Tax Relief for Homeowners is available from February 1 through May 15th. An additional Veterans Exemption is also available for those who qualify for the above. To qualify, recipients must have reached the age of 65 or older by Dec 31st of the previous year (one spouse if married) or be totally disabled. Eligibility is based on qualifying income requirements as set by the State of Connecticut. The 2018 income limits are \$36,000 for a single applicant and \$43,900 for a married couple. Applicants may not be receiving federal, state, county or municipal financial subsidy or aid. These filings are done every 2 years or if your income has changed significantly. If you are already in the program you will receive a reminder letter if it is your application year. Please call if you have any questions regarding this program. For more information please call Mickie Fraser, Administrative Assessment Technician at: 860-434-1605 Ext. 219.

Important assessment dates and deadlines can be found on the Assessor's web page: www.oldlyme-ct.gov. Don't forget ownership, mailing addresses, and assessment, and mapping information is always available on our website. Follow the link GIS MAPPING on the town home page.

Beginning this spring the Assessors office will begin mailings and communications for the upcoming 2019 Revaluation. Please contact our office if you have questions about any information received at: 860-434-1605 Ext. 218 or 219 or at: Assessor@oldlyme-ct.gov.

Melinda R. Kronfeld, CCMA II, Assessor

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3 Wyckford Lane, Old Lyme
 This stunning condo offers exceptional one floor living in over 1600 square feet, as well as a full basement with an additional 176 square feet finished den. Offered at \$439,900



14 Ferry Road, Old Lyme
 This beautiful unit at Lyme Regis offers spacious rooms including a formal living room with fireplace, a separate dining room with wet bar and sliders to a four-season sun porch. Offered at \$368,000



1 Day Hill Road, Lyme
 Beautifully sited on one acre of landscaped property, this charming 1780 Hadlyme village residence retains its period character but incorporates many updates. Offered at \$365,000



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*Source Broker/Media, SmartMIS, closed sales for residential single family homes, lots and land in New London, New Haven, Middlesex Counties 1/1/17-12/31/17

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Congratulations!

We congratulate the following on their recent marriages:

OCTOBER

Michael James Vezzoli & Briana Lisa Wheatley
Jonathan Ross Guthart & Lisa Ann Semel
Joseph Michael Granata & Tricia Jean Chapman
Morgan Elizabeth Parsons & Erin Noreen McIntosh
Christopher Fowler Beaudro & Claire Helene DePalma
George Thomas Hayes III & Kaitlin Elizabeth Quish
Padriac Michael White & Emily Jean Scott
Adam Douglas Gratton & Aldith Mechalia St. Marthe

With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

AUGUST

Steven Newton Davis

Eleanor Barbara Rickel

Jeremy S. Iaia

Ronald F. Foose

OCTOBER

Helen F. Searle

Grace Valentine Janeff

Dorothy Lois Saunders

Joseph George Cleary, Jr.

Norton Pinzer

Barbara Lee Gregory

Mary A. Misiaszek

NOVEMBER

Skyler Harris Jenkins

William J. Nelson

Michael Flavian Walsh & Cammi Ann Modlesky
Matthew Michael Hross & Alison Melissa Gouette
Michael Raymond Haugen & Linsey Anne Taylor
Matthew Steven Flammini & Fallon Katherine Keating
Nathan Richard Melanson & Danielle Christine Maciag
Edward Eugene Vidou & Kayla Danielle Van Voorhies

NOVEMBER

Henry Walker Egloff & Jennifer Lauren Fisher
Ryan Paul Marra & Jacqueline Susan Campbell

DECEMBER

Conor Hallahan Stanley & Katie Taylor Byrnes
Adam Easton Kirk & Melissa Ann Johnson
Nicola Alessandro Meinardi & Kathleen Marie Baldassarre

Catherine A. Decker

Erin Jo McSweeney

Patrick L. Cotter

DECEMBER

Joseph Donald Colwick

Dr. William John Hostnik

George Thomas Najarian

Mildred Jean Jackson



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JUNE 16TH

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Benny Andersson and
Bjorn Ulvaeus and some songs
with Stig Anderson, Book by
Catherine Johnson Originally
Conceived by Judy Craymer
JUNE 26TH -
JULY 28TH

CABARET

Music by John Kander,
Lyrics by Fred Ebb,
Book by Joe Masteroff
AUGUST 7TH -
SEPTEMBER 1ST

SHEAR MADNESS

Written by Paul Portner
SEPTEMBER 18TH -
OCTOBER 6TH

**WOODY SEZ -
THE LIFE AND MUSIC OF
WOODY GUTHRIE**

Devised by David M. Lutken
with Nick Corley and
Darcie Deaville,
Helen J. Russell &
Andy Teirstein
OCTOBER 23RD -
NOVEMBER 10TH

**GUESS WHO'S
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DINNER**

Written by Todd Kreidler
APRIL 24TH -
MAY 12TH

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20 Nibang Ave, Old Saybrook | Private waterfront property overlooking Fenwick golf course, South Cove, CT River and Long Island Sound. Offered at \$8,500,000



LISTED & SOLD

104 Sequassen Avenue, Old Saybrook | Stunning, panoramic water views from this extraordinary and pristine home. Offered at \$5,400,000



SOLD

100 Sequassen Avenue, Old Saybrook | One of the most highly prized and widely recognized properties at the mouth of the CT River. Offered at \$3,900,000



LISTED & SOLD

10 Sequin Avenue, Old Saybrook | This is a charming, Fenwick style Cottage with spectacular panoramic water views. Offered at \$1,595,000



SOLD

1 North Main Street, Chester | "The Stone Store," an 1809 Greek Revival landmark, the focal point of Chester Village. Offered at \$1,250,000



LISTED & SOLD

2 Selden Road, Old Lyme | A 3.5 acre historic property where privacy, efficiency, ease and comfort are key elements. Offered at \$1,095,000



SOLD

30 Mack Lane, Essex | The Elias Hayden House Antique Cape expertly restored and in a superb Essex location with CT River Views. Offered at \$1,075,000



SOLD

1 Mill Pond Lane, Old Lyme | This charming and exquisite Colonial is set on two pastoral acres overlooking Mill Pond. Offered at \$1,070,000



SOLD

60 River Road, Essex | This immaculate three bedroom open floor plan home is a gem. Only minutes to Charming Essex Village. Offered at \$750,000



LISTED & SOLD

424 Hamburg Road, Lyme | This contemporary waterfront home sits directly on the banks of Eight Mile River. Offered at \$427,000



8-1 Sill Lane, Old Lyme | Gracious estate like home is set on over six private acres with frontage and a dock on the Lieutenant River. Offered at \$1,570,000



56 Sill Lane, Old Lyme | This two Bedroom two Bath home abounds with character and charm. Offered at \$395,000



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*Source: SeamMLS closed sales for residential single family homes in Middlesex County 1/1/18-12/31/18

Report from the Old Lyme Conservation Commission

SUGGESTIONS TO REDUCE – REUSE – RECYCLE



“Reduce, Reuse, Recycle,” has become increasingly vital for the Town of Old Lyme, as well as for the rest of the world. See: <https://www.nationalgeographic.com/magazine/2018/06/plastic-planet-waste-polltion-trash-crisis/>. Also learn how from the Old Lyme Conservation Commission at: http://www.oldlyme-ct.gov/Pages/OldLymeCT_Bcomm/conservation. For many years, China has accepted reusable plastics. But that is no longer true. We must be intelligent about what - and how we Reduce, Reuse, and Recycle. For Old Lyme residents, this translates to “proper” recycling, meaning curbside recycling... and that means what to put into your GREEN bins.

Earlier issues of Old Lyme Events Quarterly Magazine have included this helpful page to the right, “What’s In, What’s Out” to visually communicate what is acceptable curbside recycling. Many materials are recyclable, but not all are curbside recyclable.

Here are some suggestions:

REDUCE... your electrical consumption through Eversource. Contact Eversource and arrange an on-site evaluation of your power consumption: 877-602-7283 or <https://www.energizect.com/your-home/solutions-list/home-energy-solutions-core-services>.

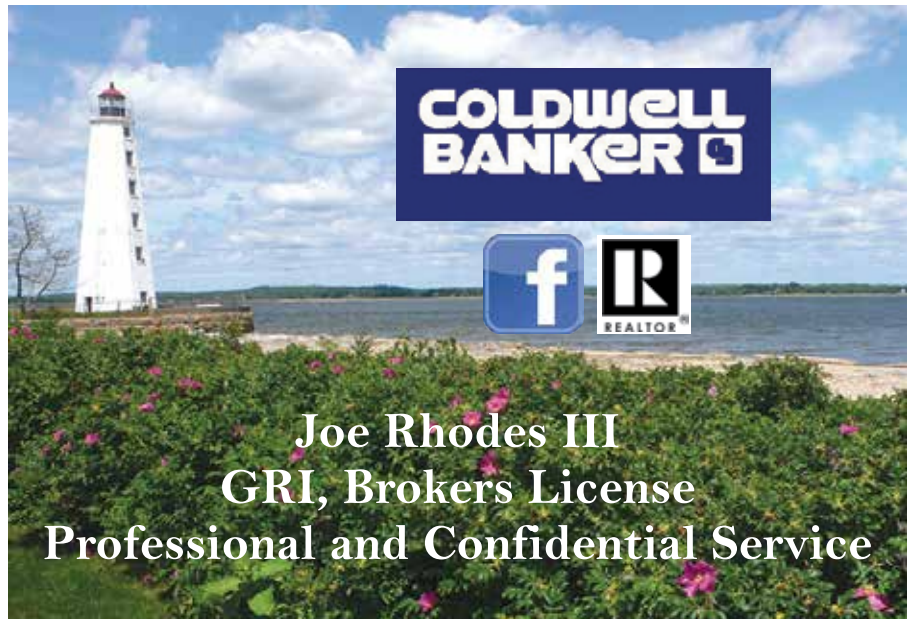
REUSE... even your ragged clothing into select bins throughout central Old Lyme to produce rags or recyclable fibers. Planet Aid explains their approach: <http://www.planetaid.org/what-we-do-for-the-environment/what-happens-to-your-used-clothing>.

DONATE... and get a receipt usable against your annual tax payment. Big Brothers/Big Sisters will pick up; intake for the annual White Elephant Sale of First Congregational Church begins at the end of June. Sell or give your books to the Book Barn, Niantic. Supply the Soup Kitchen at the Congregational Church with your plastic bags.

RECYCLE... by placing clean plastic bags, plastic wrap, and sheets of plastic painters’ plastic in the collection box in the Library. These products are NOT curbside recyclable, but they become Trex composite decking: <https://www.trex.com/recycling/recycling-programs/>.

TO LEARN MORE, VISIT THESE TWO SITES:

<https://www.theday.com/local-news/20190117/advocates-push-for-action-on-clean-energy-environment> *and* <http://www.wshu.org/post/does-all-recycling-really-get-recycled#stream/0>.



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A Guide to Recycling

Connecticut now has a universal list of what belongs in your recycling bin and what doesn't. All items should be **empty, rinsed, clean** and **open**. Do **not** shred, box, bag or bundle. To learn more, go to RecycleCT.com.



What's IN?

PAPER

- Cardboard & boxboard
- Food & beverage cartons
- Junk mail
- Magazines & newspaper inserts
- Newsprint
- Office paper
- Pizza boxes

GLASS

- Beverage bottles & jars
- Food bottles & jars

METAL

- Aerosol containers (food grade only)
- Aluminum foil
- Cans & bottles
- Foil containers
- Metal lids from cans & bottles

PLASTIC

- Plastic bottles (with or without caps attached)
- Plastic containers, tubs & lids
- Plastic one-use cups (no lids, no straws)



What's OUT?

- Gift wrap & gift bags
- Ice cream containers
- Paper cups (hot & cold)
- Shredded paper
- Take-out food containers
- Tissue paper

- Ceramic mugs & plates
- Drinking glasses

- Aerosol containers (deodorizers, cleaners, pesticides, etc.)
- Foil tops from yogurt containers
- Paint cans
- Pots & pans
- Small pieces of scrap metal
- Spiral wound containers

- Loose bottle caps
- Plastic bags & wrap
- Plastic plates, bowls & utensils
- Prescription bottles
- Single-use coffee containers
- Styrofoam cups, containers & packaging peanuts
- Water filters



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Trash and Recycling

NEW INFO!

The Town of Old Lyme reminds everyone that we must improve our recycling efforts. Please visit the trash and recycling tab on either the town website at: www.oldlyme-ct.gov or the State's at: www.recyclect.com to find out how to recycle or dispose of any item. The town is working to provide easily accessible and current information. Printed information is also available in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, and at the Landfill/Transfer Station on Four Mile River Road. Please phone Michele Hayes at: 860-434-1605, ext. 212 with any additional questions you may have.

CURBSIDE TRASH AND RECYCLING:

Trash (Blue container) collection is every week. Mixed Recycling (Green container) is currently every other week. Anything in the green container should be reasonably clean. **When in doubt, keep it out!** We pay additional fees and fines for contaminated recycling.

Please have containers out at curbside by 6:00 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please do not block a breakdown/emergency lane with receptacle. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans.

If you miss your scheduled pick-up, you can bring your trash or recycling to the Transfer Station on Four Mile River Road.

MIXED RECYCLING GUIDELINES

(curbside collection & transfer station)

All items should be empty, rinsed, and clean. Do not shred, box, bag, or bundle.

What's IN? Paper (not shredded), food and beverage cartons (milk, juice, broth, etc.), junk mail, newspapers, magazines, pizza boxes (a little grease ok), cardboard, glass beverage and food bottles and jars, metal cans and lids, food grade aerosol cans like whip cream (not sunscreen, cleaners, etc.), clean aluminum foil, foil containers, plastic bottles (with or without caps attached) plastic tubs and lids, plastic one-use cups (no lids, no straws).

What's Out? Gift wrap, tissue paper, gift bags (reuse!), shredded paper, ice cream containers, paper cups (hot and cold), take out paper food containers, glass/ceramic mugs and plates, aerosol containers (cleaners, pesticides, sunscreen, etc.), foil tops from yogurt, paint cans, pots and pans, scrap metal, spiral wound containers, loose bottle caps, plastic plates, bowls and utensils, prescription bottles, single use coffee containers, styrofoam, water filters, plastic bags & any thin plastic wrap.

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17 Stone Post Rd, Lyme \$1,150,000
Gracious fully restored antique home, 1st floor master suite.



179 Grassy Hill Rd, Lyme \$795,000
Classic 1811 Handsome Colonial, fully updated. Co-list with Evan Griswold.



40 Hamburg Road, Lyme \$3,800,000
Magnificent Estate, pool, barn, private 10+ acres. Co-list with Evan Griswold.



13 Oakland Ave, Lyme \$1,350,000
Hamburg Cove waterfront, deep water dock. Guest house.



183-3 Joshuatown Rd, Lyme \$925,000
Great privacy, 13 Acres, Like-new reproduction. Co-list with Evan Griswold.



17 Beaver Brook Rd, Lyme \$490,000

UNDER DEPOSIT IN 12 DAYS!



41 Flat Rock Hill Rd, OL \$455,000

SOLD IN 39 DAYS!



59 Cove Road, Lyme \$2,100,000

SOLD IN 26 DAYS!



*Based on MLS data
1/1/2018-12/31/2018

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SCHEDULE:

There is no curbside collection on the following holidays:

- Christmas Day (December 25)
- New Year's (January 1)
- Memorial Day (last Monday in May)
- July 4th
- Labor Day (first Monday in September)
- Thanksgiving Day (fourth Thursday in November)

For these 6 holidays, curbside collection advances to the following day.

Additional automated trash and recycling containers can be ordered through Michele Hayes at: 860-434-1605, ext. 212 in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street. Containers (cost \$80). Please clearly mark clearly your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Homeowners are responsible to replace lost, stolen or broken cans at their expense.

Plastic bags, plastic film packaging, and plastic wrap: never belong in Curbside Recycling! (*It clogs machines at the recycling facility and results in contamination fines.*) Recycle at any store drop-off bin if clean and dry: grocery bags, retail bags, bubble wrap, air pillows, newspaper bags, case wrap around bulk or shipped items, bread bags, produce bags, food storage bags, outer wrapping of paper towels, toilet paper, napkins and diapers. Remove all labels, tape and adhesive strips. (*Do not include*

degradable bags, pre-washed salad bags, frozen food bags, candy wrappers, pet food bags as they are incompatible with this kind of film recycling.) For more information on reducing the use of plastic, go to: www.plasticfilmrecycling.org or www.recyclect.com.

TRANSFER STATION

The Transfer Station is located on Four Mile River Road and is open Tuesday-Friday, 7:30 am - 3:45 pm, Saturday, 8:30 am - 4:00 pm. Closed Sunday and Monday. Taxpayers' vehicles should have a Transfer Station sticker affixed to the right-hand side of the windshield. Transfer Station stickers are available in the Selectman's Office at the Town Hall with vehicle registration and proof of Old Lyme residency. Vehicles without a sticker should bring proof of property address (*i.e., tax bill, mortgage statement or closing papers*), along with a driver's license and registration.

- **Bulky Waste and Demolition:** Vehicles will be charged by weight at \$110/ton. Recyclables should not be mixed in the same load with bulky waste or demolition debris. Loads less than 100 lbs. are charged a minimum fee of \$5.
 - **Brush is charged on a per load basis.** No wood or limbs thicker than four inches are accepted.
 - **Clothing and linens** should be disposed of in a clothing donation box - there are a number of them throughout town. Do not put discarded clothing in either your trash or recycling container.
 - **Electronics:** Residents can bring the following at no charge:
- continued on page 14*



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www.oldlyme-ct.gov

Old Lyme Municipal Departments

<u>Department</u>	<u>Contact</u>	<u>Phone</u>
Animal Control	Lynn Philomen	434-1605 x244
Assessor	Melinda Kronfeld	434-1605 x218
First Selectwoman	Bonnie A. Reemsnyder	434-1605 x211
Board of Selectmen	Mary Jo Nosal	434-1605 x212
Board of Selectmen	Chris Kerr	434-1605 x212
Building Official	Mark Wayland	434-1605 x230
Emergency Management & Fire Marshal	David Roberge	434-1605 x231
Finance Director	Nicole Stajduhar	434-1605 x232
Harbormaster	Harry Plaut	434-1605 x212
Ledge Light Health District		434-1605 x214 860-448-4882
Parks and Recreation	Don Bugbee	434-1605 x235
Police		434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-1605 x243
Registrar of Voters	Catherine Carter & Marilyn Clarke	434-1605 x226
Senior Center	Stephanie Lyon Gould	434-1605 x240
Social Services	Jennifer Datum	434-1605 x228
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Vicki Urbowicz	434-1605 x220
Treasurer	Tim Griswold	434-1605 x232
Zoning Enforcement	Keith Rosenfeld	434-1605 x225
OTHER AGENCIES		
Library/Passports	Katie Huffman, Director	434-1684
School District #18	Superintendent of Schools	434-7238
Youth Services Bureau	Mary Seidner, Director	434-7208

Trash and Recycling... continued from page 13

computers (personal computers, mainframes, med-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos, speakers, VCR's, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives), power supplies, circuit boards, microwaves, scrap copper (cable, pipe, etc.), scrap aluminum (machine and machine parts, cable extrusions, etc.), fluorescent light bulbs, UPA (uninterrupted power supply) batteries, and related computer/electronic equipment.

- **Grass clippings are not allowed** at the Transfer Station because of chemical contamination from pesticides and fertilizers and cannot be deposited in your trash can. Please compost on your property.
- **Leaves can be brought to transfer station.** Minimum charge is \$5 and residents must empty and remove leaf bags.
- **Mattresses can be dropped off** by residents at no charge.

HAZARDOUS WASTE & PAPER SHREDDING

Drop off for residents is available on selected Saturdays from April through October at the Regional Hazardous waste facility located at the Essex Transfer Station (opposite exit 4 from Route 9.) No fee. ID required. For more information and the current schedule: www.rivercog.org or www.oldlyme-ct.gov (Trash and Recycling tab, then Hazardous Waste link.)

Old Lyme - Community Listings

USEFUL NUMBERS

CAMP CLAIRE	(860) 434-0368
CONSUMER PROTECTION	(860) 566-2294
LYMES' YOUTH SERVICE BUREAU	(860) 434-7208
SENIOR CENTER.....	(860) 434-1605 x240
OLD LYME VISITING NURSE	(860) 434-7808
OLD LYME HISTORICAL SOCIETY	(860) 434-0684
9 TOWN TRANSIT.....	(860) 510-0429
LYME/OLD LYME JR WOMEN'S CLUB	(860) 501-9773
DEMOCRATIC TOWN COMMITTEE	(860) 434-2271
REPUBLICAN TOWN COMMITTEE.....	(860) 434-0740
LYME ART ASSOCIATION.....	(860) 434-7802
VETERANS OF FOREIGN WARS -	
LYMES' POST 1467	(860) 434-4207
AMERICAN LEGION - POST 41.....	(860) 664-0047

SCHOOLS

SUPERINTENDENT'S OFFICE DISTRICT 18.....	(860) 434-7238
MILE CREEK SCHOOL.....	(860) 434-2209
CENTER SCHOOL	(860) 434-7838
MIDDLE SCHOOL	(860) 434-2568
LYME/OLD LYME HIGH SCHOOL.....	(860) 434-1651
MULTICULTURAL MAGNET	
(NEW LONDON).....	(860) 437-7775

COLLEGES

LYME ACADEMY COLLEGE OF FINE ARTS.....	(860) 434-5232
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Art on Display at the Town Hall in March & April

The Shoreline Artists' Workshop and the Center's art classes, under the instruction of Sharon Schmiedel, will combine their artistic talents to present an exhibition at the Old Lyme Town Hall during the months of March and April. Works

will reflect a variety of visual media and styles. All pieces will be for sale, with a portion of any proceeds donated to the Center. Please support the artists, the visual arts and the Senior Center community by stopping by to see this exhibit!

Town Hours & Holiday Schedule

TOWN HALL WILL BE CLOSED ON THE FOLLOWING HOLIDAYS IN 2019:

Friday, April 19 - Good Friday
Monday, May 27 - Memorial Day

Thursday, July 4 - Independence Day
Monday, September 2 - Labor Day


Town Hall Hours for most departments is Monday through Friday, 9:00 am - 4:00 pm.

Transfer Station/Landfill Hours: The Transfer Station is located on Four Mile River Road and is open Tuesday-Friday, 7:30 am - 3:45 pm, Saturday, 8:30 am - 4:00 pm. Closed Sunday & Monday. Taxpayers' vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Vehicles without a sticker, should bring proof of property address (i.e., tax bill, mortgage statement or closing papers), along with a driver's license and registration.

Streetlights

Reporting Streetlight Problems: When reporting a street light outage/problem, please provide exact address, pole number and issue observed. Either phone Michele Hayes at: 860-434-1605, ext. 212 in the Selectman's Office, or report problem directly to

the following link: <http://tankolighting.com/oldlyme-maintenance/>. The Town of Old Lyme can only repair streetlights that are on town-owned roads. Streetlights that are located on private or association roads should be reported to the association. Thank you!



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Economic Development Commission

The EDC believes that Old Lyme should be proactive with economic development by cultivating a competitive advantage using our unique assets to attract new investment and supporting local businesses. The EDC wants to promote a “smart growth” strategy that begins with a focus on helping businesses. For example, the EDC wants to retain existing businesses, as they are the foundation of any economic growth strategy; attract new investment, especially in available commercial properties that are presently abandoned and neglected; and promote entrepreneurship, as local business owners who live in Old Lyme have a vested interest in the community.

To this end, the EDC is seeking assistance from the Connecticut Economic Resource Center (CERC), a nonprofit corporation and public-private partnership that has a proven track record of helping towns across Connecticut strategically improve their economic conditions.

In March of 2019, the EDC will ask the Board of Selectmen to approve a proposal that will include the following three activities that will help the town begin the development of a formal economic development strategy:

1. Strengths, Weaknesses, Opportunities, and Threats (SWOT) workshop to obtain input from a variety of stakeholders and determine overarching goals to help guide the prioritization of further collaborative economic development efforts;
2. Local business survey to learn about their challenges and explore how an economic development strategy could best support their long-term success;
3. Free informational workshop to help answer questions about economic and community development.

The EDC will oversee and coordinate CERC's activities and will ensure the projects stay on track. Moreover, the EDC is committed to working openly and collaboratively with all stakeholders, especially town residents and local business owners.

Stay tuned for more from the EDC in the coming months. We want to encourage local businesses and residents to give us your thoughts and feedback as we do our small part to help maintain the charm and character of Old Lyme while ensuring the economic condition of our town remains strong.

The EDC meets on the 1st Wednesday of each month at 4:30 pm at the Old Lyme Memorial Town Hall.

Justin D. Fuller & Howard Margules,
EDC Co-Chairs

The Importance of Cash Reserves Can't Be Overstated

A recent Federal Reserve study noted that 75% of American families are living paycheck to paycheck and that 40% could not cover an unexpected \$400 bill.

If the recent partial government shutdown and its wide-spread impact has shown us anything, it's that a robust cash reserve (emergency fund) is critical for providing a solid financial foundation.

Unexpected events - sudden illness or injury leading to a temporary inability to work, an illness or injury to a family member requiring us to provide care that requires time away from work, unexpected damage to home or auto, or even a failure of our employer to pay us for a period of time - will occur at some point in each of our lives. Being prepared with a cash reserve of 3-6 months' worth of our expenses is the very best defense we can present.

While it may seem challenging to build a cash reserve when living paycheck to paycheck, it's critically important to find a way to do so, whether by finding additional income or reducing expenses. Even small amounts add up and can seem more manageable: to build a \$400 reserve would require saving just under \$8 per week for a year. Then, you'd be ahead of many American families.

Whatever your circumstances, committing to building or preserving your cash reserves will help solidify your foundation of financial stability today and into the future.

Thomas McGuigan, CFP®, and Jean Wilczynski, CFP®,
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Exencial Wealth Advisors is an SEC registered investment adviser. Registration does not imply any level of skill or training.



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Phoebe Griffin Noyes Old Lyme Library

2 Library Lane, Old Lyme, CT 06371,
860-434-1684
oldlymelibrary.org

The Library continues to fulfill its mission to inspire lifelong learning and discovery in a welcoming place with exceptional resources, programs, and services. From developing fun, interactive storytimes for babies and toddlers to hand-delivering novels to home-bound patrons, the Library continues to provide opportunities for residents of all ages to learn and grow.

Children's Events

Julie Bartley/Children's Librarian
jbartley@oldlymelibrary.org | 860-434-1684 x114

Toddler Time

Recommended for ages 2-5.

Tuesdays at 10:30 am, April 23, 30; May 7, 14, 21; and June 18, 25.

Free-no registration required.

Baby Time Playgroup

Recommended for ages 0-2.

Thursdays at 10:30 am, April 25; May 2, 9, 16, 23; and June 20, 27.

Free-no registration required.

Sweet Beats Family Music

2nd Wednesdays at 5:30 pm, April 10; May 8; and June 12.

Fun for kids and adults of all ages. Children will sing, dance and play musical instructions. Free-no registration required.

HERstory Art Class-Spring Still Life Painting!

Wed., Mar. 20, 4 pm.

Let's welcome spring and celebrate Women's History Month by creating a still life painting in the style of a famous female artist! Children under 8 should be accompanied by an adult caregiver. All materials will be provided. Registration requested for this free program.

Mr. Magic

Tuesday, April 16, 4:00 pm.

Rich Rothstein, aka Mr. Magic, makes a return engagement for this family-friendly magic show. His repertoire of dazzling illusions will surprise and delight children of all ages.

Registration requested for this free program.

Let's Get Hiking with The Denison Pequotsepos Nature Center!

Thursday, April 18, 4:00 pm.

Children will learn how to enjoy the beautiful nature walks they can take right here in Old Lyme. Learn about animal tracks and sounds, trail safety, what to wear, and more! Check out one of Phoebe's Nature Backpacks, complete with compass and binoculars, to make the most of your hike. Registration requested for this free program.

May is National Get Caught Reading Month!

Each week of this month follow Ms. Julie and Ms. Nike on some reading adventures around town. We'll be challenging kids to post their own #getcaughtreading photos each week. Pictures

will be shared on Instagram each Friday of the month @olpgn_library:

Week 1: Your favorite outdoor location in Old Lyme;

Week 2: Somewhere inside the library;

Week 3: With Mom or Grandma;

Week 4: While having your favorite snack;

Week 5: With red, white & blue colors

Nutmeg Book Club

Tuesday, May 14.

Stop in to pick up your Nutmeg Book Club membership card!

Join the club and take the challenge to read all the newly nominated books for 2020. Collect a prize each time you complete a book and get your card punched. All ages-no registration required.

Summer Reading Kick Off-A Universe of Stories:

Friday, June 14, 3:00 -5:00 pm.

Pick up your Summer Reading Launch Kit, set your goals, and blast off into a great summer of literacy and learning!

For complete details, visit our website at oldlymelibrary.org.

Teen & Tween Events

Nike Desis/Young Adult Librarian

ndesis@oldlymelibrary.org | 860-434-1684 x 116

Check out our online calendar for the most up-to-date event listings and to register for our programs. Find us at: www.oldlyme.lioninc.org/events.

Looking to earn community service hours? Want to find out more about the fun projects we're working on? We're always up to something new and creative! Stop in and introduce yourself or submit an application on the Teen page of the library's website at: www.oldlyme.lioninc.org/tlcapp.

PUB CLUB

Fridays, 2:45 pm, April 12, 19; May 10, 17, 24; and June 7, 21, 28.

This is a new program on Friday afternoons.

The "Pub" in Pub Club is short for publishing, and it's all about the wide range of acts, actions, and activities associated with storytelling, communicating, and sharing. Pub Club activities are open to all library visitors in grades 5 to 9.

April is National Poetry Month, so this month's Pub Club will be all about playing with language and experimenting with communication. See who can make the cleverest Blackout Poetry and get your flow going when you try your hand at Exquisite Corpse with words.

May's Pub Clubs are about making marks - fountain pens and quills, typewriters and typewriters connected to computers, digital drawing pads, and any other writing tools we want to try out. We'll also embark on a walking Friday Field Trip to the Sculpture Grounds at Studio 80. Make sure to check in and get your permission slip signed so you can join us for this one!

IN JUNE, WE'RE DEFINITELY MAKING ZINES

(3rd Annual Zine Making for Pride Month!)

and preparing our jet packs for some outta this world programming as Universe of Stories, the 2019 Summer Reading Program, blasts off.

TO BE READ (TBR) BOOK CLUB FOR TEENS

Wednesday, May 22, 6:00 pm.

Looking for the next hot read? Something so new it's not yet on the shelves? At TBR, Kathy showcases the most exciting books coming out in the next few months. You'll even get to take home exclusive and free copies of these fresh reads!

GRAPHIC NOVEL BOOK CLUB

Fridays, April 5, May 3, May 31, 3:30 pm.

Join us for this book club for readers in grades 6-10 (and advanced 4th and 5th grade readers too!) We meet once a month and always have a snack to share. Make sure to pick up your copy of this month's book prior to the meeting.

SUMMER READING KICK OFF-A UNIVERSE OF STORIES

Friday, June 14, 3:00 - 5:00 pm.

Pick up your Summer Reading Launch Kit, set your goals, and blast off into a great summer of literacy and learning!

Adult Events

Linda Alexander/Public Services Manager
lalexander@oldlymelibrary.org, ext. 121

AUTHOR LUNCHEON WITH LUANNE RICE

Sunday, March 31, 1:00 pm.

Join us for this special event featuring author Luanne Rice. Tickets will go on sale Friday, March 1.

CEREMONIAL STONEWORK WITH AUTHOR MARKHAM STARR

The Enduring Native American Presence on the Land

Wednesday, April 3, 6:30 pm at the Library.

continued on page 20

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www.saltwaterseptic.com



Library... continued from page 19

Ceremonial Stonework Field Trip

Details will be announced at a later date.

HIDDEN HISTORY OF MIDDLESEX COUNTY

Wednesday, April 24, 6:30 pm.

Join us for a special author talk and book signing with Robert and Kathleen Hubbard.

FRIENDS OF THE LIBRARY SOCIAL

Thursday, April 25, 5:00 pm.

CONTEMPORARY CLASSICS WITH MARSHA BANSAVAGE

First Monday of the month at 7:00 pm.

March 4: Beneath a Scarlet Sky by Mark Sullivan;

April 1: Sing, Unburied, Sing by Jesmyn Ward;

May 6: Less by Andrew Sean Greer.

PHOEBE'S MORNING BOOK CHAT

Second Thursday of the month at 11:15 am.

March 14: Killers of the Flower Moon by David Grann;

April 11: A Gentleman in Moscow by Amor Towles;

May 9: A Piece of the World by Christina Baker Kline.

Check oldlymelibrary.org for more events and complete details.

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PHOEBE'S BOOKCELLAR (EXT. 117)

Wednesdays 10:00 am - 6:00 pm, Saturdays 10:00 am - 2:00 pm.

The BookCellar is a highly successful used book store - Old Lyme's only bookstore - managed by the volunteer Friends of the Library and housed on the Old Lyme Library's lower level.

Please stop by to shop, drop off book donations, or become a volunteer. Choose from thousands of books of all genres, including hard cover and paperback fiction, art, business, classics, cooking, language, literature, music, parenting, pets, sports, world history, books for children, and young adults. We also have a large collection of Rare & Collectible books, as well as DVDs & CDs.

When you're in the Library lobby, be sure to browse the on-going sale of books located on the cabinets across from the Circulation Desk. Every dollar earned at the BookCellar goes directly to support the Library's programs, collections and equipment.

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Everybody's Talkin'

"Everybody's talkin' at me. I don't hear a word they're sayin'..." Harry Nilsson sang it best. We feel bombarded by people talking at us - in person, online, over TV or radio - and these days, it seems more than ever that the messages go right by each other, hardly registering before we're on to the next one. Do you ever watch those talk shows where the participants each have their own perspective to assert, and don't seem to really hear what the others are saying? It seems like they are focused on formulating their response instead of listening and considering what they're hearing. Don't we often do the same ourselves when we debate/argue with those close to us? We get focused on being "right" and proving our points, as if having better arguments to prove our position is all that's needed to win the person over. Imagine how our communications and relationships might change if our first inclination was to listen, pause, consider another perspective, and look for areas of agreement. What if understanding, compromise, and relationship building were the goals? Isn't that really the kind of "win" we want? Let's choose to communicate, and talk "with" each other, rather than "at" each other. We may not get everything we want, but our relationships will win.

Nancy Randall, Psy.D., East Lyme Psychological Associates

Lyme-Old Lyme Education Foundation 7th Annual Trivia Bee Coming Up



Time for a night out! Join with community members, friends, and family for the 7th Annual Trivia Bee held on March 15, 2019, at 7:00 pm in the LOLHS. Admission is free!

The 2019 Trivia Bee is a unique opportunity to support LOLEF while having a terrific time. We'll have raffles and prizes. Plus, the LOLHS, musical group, Tuesday Afternoons, will provide entertainment. Teams of four will compete for the Golden Bee Trophy, by testing their knowledge of trivia questions supplied by Trivia Academy. Last year, students, local business owners, and teachers were among those who formed teams for the competition. So, brush up on your trivia knowledge, get together with some friends or colleagues, and register your team for the Bee!

And, if you are interested in sponsoring as Region 18 faculty or student team, just go the LOEF website at: www.lolef.org and sign up. All funds raised at the Trivia Bee will be returned to the community in the form of grants for LOL schools and other local non-profit organizations.

Whether as a team demonstrating your far-flung trivia

continued on page 22

MARK REEVES - BUILDER - time for indoor winter projects!



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Drop in to our fitness, pickleball and tennis programs!



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Fri, 8am

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Mon & Thu, 12:30-3:30, (Beg. welcome)

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Mon., 10:30am-12pm

NTRPTennis Drills

Sat., 10:30am-12pm, All levels

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Trivia Bee... continued from page 21

knowledge or as a member of the audience, we hope to see you on March 15 at the LOLEF Trivia Bee!

The LOLEF is a charitable organization that provides financial support for educational projects, enrichment programs and innovative

initiatives not typically funded by Regional District 18 or other governmental entities. LOEF has awarded grants for educational initiatives benefiting our youngest students to our senior citizens. You can find out more about the grants that have been awarded, as well as how to apply for a grant, at www.loef.org.

Lyme-Old Lyme Schools

Lyme-Old Lyme Schools Plan Expansion of Pre-Kindergarten Program in 2019-20

TUITION SPOTS WILL ALSO BE OPEN FOR NON-RESIDENTS

Lyme-Old Lyme Schools are planning an expansion of their current Pre-Kindergarten (Pre-K) program at the start of the 2019-20 school year to include all four-year-old residents in Lyme or Old Lyme. Students of the appropriate age, who live outside the district, will also be welcome to enroll on a tuition basis if space is available.

The Pre-K currently run in Center School is a collaborative program for both students who receive special education services along with peer models who are selected through a lottery system. The reasoning behind expanding the program is threefold; first, the benefits of a universal Pre-K program are widely recognized as providing a solid base for learning and the board of education wishes to ensure all children are provided the same opportunity to be best prepared to enter Kindergarten: second, the timing of this


expansion is ideal as the reduction of staff due to fewer sections at Mile Creek allows for a minimal budgetary impact, plus space has become available in Center School with the withdrawal of LEARN; and third, the option of accepting tuition students from out-of-town will help fund the program.

Superintendent Ian Neviasser and the board also feel strongly there are other more intangible benefits for the towns of Lyme and Old Lyme, apart from those identified from the school district's perspective. Neviasser explains, "I believe that offering this program will not only create a stronger school district, but strengthen the community as a whole."

A broad-based community team including parents and


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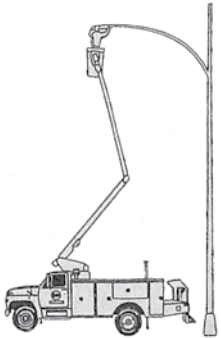


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representatives from administration, faculty, youth services, and the board of education conducted extensive research prior to proposing a Monday through Friday, full-day Pre-K program based on Connecticut's Early Learning and Developmental Standards. Class sizes will align with the district class size guidelines and all students will participate in art, music, and physical education courses. Transportation will continue to be provided only for students who qualify for special education services and outside providers will be tasked with offering before- or after-school care as part of this program.

Resident students will continue to receive priority enrollment per current Board of Education policy while non-residents will be charged \$10,000 to attend the program. The existing half-day

program for three-year-olds will remain unchanged except for the addition of one day to the previous four-day week schedule.

Neviaser concludes, "We firmly believe expansion of our current, very successful Pre-K program will not only be enormously beneficial for all the children involved but also for the district as an entity. No other suburban town or school district in southeastern Connecticut is offering an equivalent program, so it will be yet another factor that makes Lyme-Old Lyme Schools stand out from the crowd."

For further information on the Pre-K program, contact Jill Pilgrim at: 860-434-0487 or email her at: pilgrimj@region18.org.

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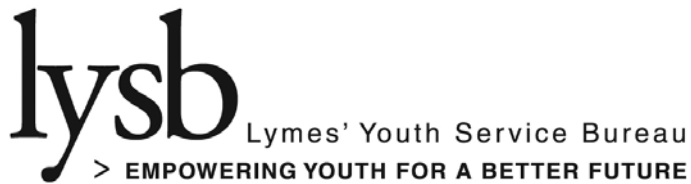
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34TH ANNUAL YOUTH ART SHOW

March 14 through 23, 10:00 am - 4:00 pm daily (closed Sunday.)
Lyme Academy College of Fine Arts, Sill House Gallery. Featuring artwork from students K-12 of Lyme Old Lyme Schools.

SUMMER CAMP FAIR

Wednesday, March 27, 4:30 - 6:30 pm. L-OL High School Commons. 30+ local camps will be at LYSB's Camp Fair! Pick up brochures, meet camp reps, and maybe even register. It's one stop shopping for a summer of fun! Admission free. Pizza available. More info at: www.lysb.org.

ANGST: Let's Talk About Anxiety

Tuesday, April 9, 6:30 pm. Lyme-Old Lyme Middle School. Angst is a documentary designed to raise awareness around anxiety. The film includes interviews with kids, teens, educators, experts, parents and a very special interview with Michael Phelps. Our goal specifically is to help people identify and understand the symptoms of anxiety and encourage them to reach out for help. The film will be followed by a facilitated discussion providing resources, support and above all, hope. This program is presented by LYSB's Timothy P. Buckley Memorial Fund.

THE BIZZ - Youth Talent Show

Friday, April 26, 6:30 pm. Lyme-Old Lyme High School auditorium. Tickets \$8 at the door. Audition dates: Tuesday April 2 and Thursday April 4, 4:00 - 6:00 pm. Book audition time online at: www.lysb.org.

DRUG TAKE BACK

Saturday, April 27th, 10:00 am - 2:00 pm. Old Lyme Firehouse on Lyme Street. Bring your unwanted medications for safe disposal and prevent pill abuse by ridding your homes of potentially dangerous expired, unused, and unwanted prescription and over-the-counter drugs.

This event is free and anonymous - no questions asked. Since the first Lyme-Old Lyme Drug Take Back event in 2011, citizens have returned more than 500 pounds of medications to prevent misuse. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinets.

PLAYGROUPS at Lymes' Youth Service Bureau

LYSB offers a variety of playgroups every day of the week based

on child's age and interest, including music, crafts, stories, sensory, theater and more! For a full description of all our groups visit our website at: www.lysb.org or call 860-434-7208 x 0

BABIES GROUP

Tuesdays at 10:30 am. For new and expecting moms and parents of children up to 12 months. This group is casual, comfortable, and informative. Weekly topics of interest are based on the diversity of your own questions and concerns commonly found during the first year of parenting. Meeting in the child friendly atmosphere of Mimi's Place at LYSB.

YOUTH ADVISORY COUNCIL (YAC)

Every Wednesday 7:00 - 8:00 pm. YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L-OL are welcome to join us any Wednesday night! For questions call 860-434-7208 x 0. Just show up, fun is guaranteed!

MIDDLE SCHOOL AFTERSCHOOL PROGRAM

Every Tuesday & Thursday 2:15 - 4:00 pm at LYSB. This is a drop in program and a permission slip is required. Come hang out with your friends while listening to music, playing ping pong, games, Wii, crafts & snacks. Students can walk to LYSB from the Middle School, and may get a pass for the LOLMS late bus. Registration fee: \$30/year. Register online at: www.lysb.org, or call LYSB at: 860-434-7208 x 0.

SITTER SAFETY CLASS

Four Mondays: March 6, 13, 20, 27, 2019, 2:15 - 4:00 pm. An intense sitter safety and training course appropriate for babysitters, big brothers and sisters, and children staying home alone for the first time. This course touches on a variety of safety skills such as basic first aid, fire safety, and 911 skills. Fee is \$50 and includes supplies, snacks, and guest speakers. Late Bus passes are available.

CPR FOR BABYSITTERS

Monday, April 1, 2019, 2:15 - 3:45 pm. Add this valuable class to your LYSB babysitter's course and learn how to save a life! Learn CPR and how to clear a blocked airway in children and infants. Parents want to hire babysitters who know CPR and can help kids who are choking. Instructors will teach you everything you need to know to provide lifesaving care during a cardiac or choking emergency in this class. Class cost is \$55 and awards a Certificate of Completion. Register at: www.lysb.org.

ENGINEERING AFTER SCHOOL with ENGINEERING IMAGINATIONS LLC ASPIRING YOUNG ENGINEERS!

For Ages 5-8: March 21, 28, April 4, 11, 25, May 2, 4:00 - 6:00 pm. Discover the spectacular world of engineering through hands-on, minds-on activities! Students apply problem solving and critical thinking skills to explore our S.T.E.A.M. (Science, Technology, Engineering, Architecture, Mathematics) based curriculum. Participants will use a variety of mediums such as recycled

materials, salvaged motors and gears, balsa wood, LEGO®, and more. Students can take the bus from Mile Creek and Lyme Schools directly to LYSB. Fee \$120/ six week session. Register at: www.lysb.org.

MOTHER/DAUGHTER WORKSHOP: Let's Start Talking
Tuesday, April 2, 2019, 6:00 - 8:00 pm. Open the lines of communication with your daughter! Designed to give girls a better understanding of the changes that her body will go through during puberty. Topics will include the importance of a positive body image and how to deal with difficult situations. A fun and educational night out for girls in 4th or 5th grade and their mothers. Cost is \$50 per pair and includes resource materials, goodie bags and a pizza dinner. Register at: www.lysb.org.

SEWING WORKSHOPS!
Four week sessions Tuesdays, 4:00 - 6:00 pm for boys and girls 8 years and older. Learn how to sew on a machine and make fun projects for you and your room. No experience necessary. All materials and machines provided. Fee: \$100 with arts educator Claudia Mathison. Take the Bus to LYSB. Class descriptions and registration at: www.lysb.org.

LYME-OLD LYME PREVENTION COALITION CASFY:
Community Action for Substance Free Youth
Meets on the 2nd Tuesday of the month at LYSB. Upcoming dates:

March 12, 2019, 7:00 pm; April 9, 2019, 8:30 am; May 14, 2019, 8:30 am. Our mission is to prevent and reduce alcohol and other drug use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities. Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting!

MENTORING PROJECT LYSB & the Lyme-Old Lyme Middle School
We are looking for adult mentors to work with students in grades 3-8 on a weekly basis in the school setting. If you are interested in making a difference in the life of a young person, please contact LYSB at: 860-434-7208 to learn more about the mentoring project.


SURVIVORS OF SUICIDE LOSS SUPPORT GROUP OF SOUTHEASTERN CT
Joining hands as we walk on this journey together towards healing one breath at a time. We are a group of survivors, together to offer support, comfort, and understanding.

Our group provides an atmosphere of acceptance for exploring feelings that are often not understood by others. It offers a chance to share helpful resources, and to give and get support through the long grief process. Meeting times: 1st & 3rd Thursday of each **continued on page 26**


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Lymes' Youth Service Bureau... continued from page 25

month, 6:30 pm at: LYSB, 59 Lyme Street, Old Lyme, CT. Please call Ann Irr Dagle at: 860-625-5280, or email at: btdmemorialfoundation@gmail.com.

COUNSELING SERVICES FOR ADOLESCENTS LYSB

Counseling services are provided for adolescents in Lyme and Old Lyme. Our fees are based on a sliding scale. All inquiries are confidential at: 860-434-7208.



Lymes' Senior Center

Membership is now open to seniors

55 Years Young & Older

26 Town Woods Road, Old Lyme

Call 860-434-1605 ext. 241 to register or for more information on becoming a member.

CHECK OUT our "new" southeastern Connecticut senior center website for upcoming events at: <http://seniorcenterct.org>

Upcoming Classes - To Sign Up Call: 860-434-1605, ext. 240

MUST BE A MEMBER TO SIGN UP - ALL CLASSES MEET ONCE A WEEK

CLASS	DATE OF FIRST CLASS & TIME / DURATION	COST
Gentle Vinyasa Flow Yoga (MONDAYS)	March 4 at 8:15 am / 6 Week Session	\$30
Gentle Vinyasa Flow Yoga (THURSDAYS)	March 7 at 8:30 am / 6 Week Session	\$30
Mixed Media Art Class (MONDAYS)	March 18 from 10:00 - 12:00 pm / 6 Weeks	\$35
Beginner Tap Class (THURSDAYS)	March 21 at 10:00 am / 6 Weeks	\$24
Intermediate Tap Class (THURSDAYS)	March 21 at 10:45 am / 6 Weeks	\$24
NEW Fitness Fusion	March 21 and 26 at 5:00 pm / 6 Weeks	\$30 EACH
<i>(Separate Tues & Thurs Classes for class above)</i>		
Ballet Stretch for Seniors (TUESDAYS)	March 26 at 9:15 am / 6 Week Session	\$30
Tia Chi (WEDNESDAYS)	March 27 at 9:00 am / 10 Weeks	\$95
Sit n Be Fit (TUESDAYS)	Drop in & ongoing Tuesdays at 10:00 am	FREE
Balance and Tone Class	Drop in & ongoing Fridays at 10:30 am	\$5.00 a class
Exercise with Kathy	Drop in & ongoing Mondays & Wednesdays	\$5.00 a class
Latin/Ballroom Line Dancing (FRIDAYS)	April 5 at 1:00 pm / 6 Week Session	\$35- \$40
Yoga Fundamentals& Meditation (WEDNESDAYS)	April 10 at 4:30 pm / 7 Week Session	\$45
Beginner Country Line Dancing (FRIDAYS)	May 1 at 2:30 pm / 6 Week Session	FREE
COMPUTER CLASSES: -PLEASE SIGN UP EARLY-		
All About the Cloud (MONDAY)	March 4 from 1:00 - 2:00 pm	FREE

The following are already scheduled free special events/ lectures (unless noted otherwise) that will take place at the Lymes' Senior Center from March 6 - May 28, 2019. Please check website listed above for additions and changes to the events listed below.

- **The Gray School of Irish Dance** will perform a variety of Irish Dances including soft and hard shoe dances on Thursday, March 14 at 1:00 pm.
- **St Patrick's Day Luncheon** of Corn Beef and Cabbage will be held on March 15 at 12 pm. The cost is \$3 and reservations need to be made in advance by calling 860-388-1611 before 10:45 am on March 1. Entertainment will follow.
- **The Troubadours Variety Show** will perform on National

Laughing Day, Tuesday, March 19 at 1:00 pm.

- **Chocolates and Tea Interactive Program: A Pleasant Pairing** presented by Kim Larkins, a licensed chocolatier and owner of Klassic Kreations Gourmet will be held on Wednesday, March 20 at 1:00 pm. This presentation will include tea and chocolate history, pairings, tea infused baked goods, antique teapots/lace display, trivia quiz, poetry, and more. Reservations are required as only the first 30 people will be able to attend this free program. Please call the center to register.
- **How to Secure Your \$\$ for Your Lifetime** presented by Ken Sweitzer, of Sweitzer Income Planning, LLC, on Tuesday, April 2 at 1:00 pm. He will discuss "Safe Money" alternatives in today's volatile markets, 5 Ways to protect your

assets from future healthcare costs, “accumulation plan” vs “income plan”, “interest rate risk” and bonds, fact vs fiction about annuities and how to build a foundation of lifetime income that is safe and lasts as long as you do. Please call the center to register.

- **Nifty 50's- Welcome Back to the 50s!** Your favorite 50s Songs performed by Dancin' in the City on Wednesday, April 3 at 1:00 pm.
- **Outsmart the Scammers** presented by John Bairos of Edward Jones on Tuesday, April 9 at 1:00 pm.
- **National Motivational Speaker and Award-Winning Author, Nancy Butler** will be here for a LIVING LIFE TO THE FULLEST TIPS AND TRICKS TO MAKE LIFE THE BEST IT CAN BE REGARDLESS OF YOUR AGE Part 2 and 3 on Wednesday April 10 & 17 at 1:00 pm. Registration required. Please call the center to register. * Note you do not have to have attended Part 1 to join us!
- **Larry Batter** will be here tickling the ivories and your funny bone on Tuesday, April 16 at 1:00 pm.
- **Resident of Lyme, Dr. Ricard Jones**, retired from the staff at Hartford Hospital will do a talk on the Transplant Program for Donate Life Month on Tuesday, April 23 at 1:00 pm.
- **Tea with Helen Keller** on Wednesday, April 24 at 1:00 pm presented by Sheryl Faye. Pre-Registration Required. Please call the center to register.
- **The 12:00 pm Lunch Mingle** will take place from April 29 - May 3. Sign up is required by April 28. Please call: 860-388-1611 to sign up - tell them you are signing up for the Old Lyme Site. This week will be a special week of meals and a special price as well. Regular 12:00 pm meals are a \$3 (donation), but this week all regulars that bring a guest 60 or over (new to our lunch program) will receive a 1/2 price meal (\$1.50) and their friend or friends will receive their lunch for free. Please note both regulars and friends need to be reserved by April 28. In addition, if you are new to our lunch program and are 60 or over you can call to sign yourself up and join us for a free meal.
- **FREE Make Your Own Sundaes** on Tuesday, April 30 at 12:45 pm. Pre-sign up required.
- **Jerome Riley, original member of The Platters** will be doing a show showcasing The Platters' music as well as music from the 50s, 60s, and 70s on Wednesday, May 1 at 1:00 pm.
- **Fred Astaire and Song and Dance in the 1930s** presented by Jared Day on Tuesday, May 7 at 1:00 pm.
- **Superfoods 101** presented by Kim Larkin from Klassic Kreation Workshop on Tuesday, May 14 at 1:00 pm.
- **Stupendous Musical Prodigies** presented by Jeffrey Engel on Wednesday, May 15 at 1:00 pm.
- **Mindful Meditation** presented by Jennifer McManus from Atrinity Home Health Agency on Tuesday, May 21 at 1:00 pm.
- **Marcy Conway will be performing a Patriotic Melody** in honor of Memorial Day on Wednesday, May 22 at 1:00 pm.
- **Keeping Safe from Crime** with Local Resident and Retired Federal Law Enforcement Officer Johnny Cody on Tuesday, May 28 at 1:00 pm.



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Lymes' Senior Center Trips

Open to seniors 55 and over. Call 860-434-4127 for information on these upcoming trips. When registering for any of the below trips, you can sign up yourself and one other person only. Payment is due upon registration. Please stop by the Senior Center office.

Day Trips

Registration begins on the dates noted below. Register as soon as you can. Trip counts are required a month in advance to determine if we have the minimum number for a trip to run. Detailed flyers available for all Day Trips.

- **April 11 MGM Springfield Casino** includes transportation, complimentary soft drinks on property, complimentary beer-wine-cocktails while gaming, and casino packet (Currently \$20 Slot Play and \$10 Food Credit to use at any restaurant on property) Price:\$55. Please register asap; required by March 10.
- **May 7 Wicked Tulips Trip** includes lunch at Gregg's Restaurant and Tavern - Make sure to save room for award winning desserts and a visit to the Wicked Tulips Flower Farm, a vase and 5 tulips that you pick yourself. Moderate walking but can walk longer if desired. Price: \$87. Please register as soon as possible; required by April 6. After that, only wait list will be taken.
- **May 22 Culinary Institute of America and Walkway Over the Hudson Trip** includes transportation, lunch at Catarina de Medici, Walkway over the Hudson (longest pedestrian - only walk bridge in the world). Also enjoy the brand-new Visitor Center Price: \$107. Please register as soon as possible; required by April 21. After that, only wait list will be taken.
- **June 11 Classic Central Park Trip** includes guided tour of central park and lunch at Buca di Beppo for lunch. Lunch will needed to be decided on when you register. Choices will follow in next newsletter. Price \$100. Registration begins March 1.
- **June 21 Newport Flower Show** Cost \$49. Registration begins March 1. Includes transportation and admission into the show. Time available for lunch on your own.
- **July 9 Providence Italian Style** includes a behind the scenes bakery tour in Providence's Historic Federal Hill, Venetian Gondola Ride, Providence Tour guide who will stroll with you through the heart of the beautiful Renaissance City exploring sculpture, architecture, and history all with a most interesting twist while showcasing the Italian connection, and an Italian Style Lunch on historic Federal Hill. Cost \$105. Registration begins April 1; required before June 14.
- **July 17 Block Island and Wind Mill Farm Tour** includes transportation, Lunch at the National Hotel, and tour of the Wind Farm. Cost \$110. Registration begins April 1; required by June 14.
- **August 4 New York Yankees vs Red Sox at Yankee Stadium** includes transportation, ticket to game, a hot dog and a choice of beer, water, or soda. Price \$145. Registration begins March 1.

Overnight Trips/Cruises

No restrictions. Detailed flyers available.

- **Apr 28 - May 4 - Myrtle Beach and Charleston, SC.** (TOD) 7 days, 6 nights trip includes 4 night stay in your ocean front room at Ocean Reef Resort. Prices start \$1219pp double occupancy. Registration has begun.
- **May 5 - 12 - Escorted Bermuda cruise** (FT) on the Celebrity Summit. 8 days, 7 nights. Transportation to pier included. Prices start \$1437pp double occupancy. Registration has begun.
- **Sept 9-15 Cruising Maine and Atlantic Canada** (TOD) 8 day Package IB \$1559, OA, \$1779 and BA \$1949 Registration has begun.
- **Sep 15-22 - Guided tour of America's Cowboy Country** (Collette) to explore the

- West. 8 days, 7 nights. Transportation & transfers included. Prices start \$3599pp double occupancy. Registration has begun.
- **October 7-9 - Philadelphia Museum of American Revolution (FT)**
 - **Oct 29-Nov 9 - Guided tour of Southern Italy & Sicily.(Collette)** 12 days, 11 nights. Transportation & transfers included. Prices start \$3799pp double occupancy. Registration has begun.
 - **Nov 9-24 - Escorted NY to Panama Canal cruise (FT) on NCLs**

- Norwegian Dawn w/partial transit of Canal. 16 days, 15 nights. Transportation & transfers included. Prices start \$2484pp double occupancy. Registration has begun.
- **December 29 - January 2, 2020 (Collette) - California New Year's get-away** featuring the Tournament of Roses parade. (more information coming.)
 - **February 6 - 9, 2020 - Quebec Winter Carnival** - Details pending

How to Reach Our Legislators

U.S. Senator Richard Blumenthal

<https://www.blumenthal.senate.gov/>
Hartford (860) 258-6940
Bridgeport (203) 330-0598
Washington DC (202) 224-2823

U.S. Senator Chris Murphy

<http://www.murphy.senate.gov/>
One Constitution Plaza, 7th Fl.
Hartford, Connecticut 06103
(860) 549-8463

136 Hart Senate Office Bldg. Washington, DC
20510
(202) 224-4041

U.S. Representative Joe Courtney

(2nd Congressional District)
<http://courtney.house.gov/>
2348 Rayburn HOB
Washington, DC 20515
(202) 225-2076

55 Main Street, Suite 250
Norwich, CT 06360
(860) 886-0139

CT State Senator Paul Formica

(20th District)
<http://ctsenaterepublicans.com/home-formica/>

Legislative Office Building
300 Capitol Avenue
Hartford, CT 06106
1-800-842-1421 (CT only)
860-240-8800 (out of state)

CT State Representative Devin Carney (23rd District)

<http://cthousegop.com/devin-carney/>
Connecticut House Republican Office
L.O.B. Room 4200
Hartford, CT 06106
860-240-8700
800-842-1423 (toll-free in CT)

Events Presents ~ Mystic Harbor Group

The Mystic Harbor Group at Janney Montgomery Scott is a boutique financial advisory practice that is committed to understanding their clients' yesterday, defining their today, and helping them discover the tomorrow of their dreams. Their clients tend to be busy, active and successful. Yet each client is unique, and Executive Vice President June Strunk and First Vice President Shane O'Brien understand that "one-size-fits-all is no way to approach financial planning."

They start by exploring where you have been, where you are today and what you envision as your perfect future. If you could write the script for the rest of your life, what would it look like? Together they help you develop a strategic financial plan to achieve that vision.

As Shane notes, "Our clients' life stage generally determines their priorities." Younger clients may need to balance saving for their children's college education with saving for their own retirement, while in many cases also helping to care for their parents. As they get older, they can focus more on their own retirement goals or financial independence, as well as leaving a lasting legacy for their family and organizations they care about.

June believes that what sets them apart is the level of care they provide. "Our clients appreciate our genuine concern




Mystic Harbor Group (left to right) Lisa M Cayer, Shane O'Brien and June Struck (photo courtesy of Shane O'Brien).


and realistic approach. They know we care about them as we do our own families. We appreciate their friendship and trust, and we look forward to serving them and our community for many years to come."

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The 2019 Legislative Session



LYME, OLD LYME, OLD SAYBROOK, WESTBROOK

On January 9, 2019, the legislative session began. On that day, we heard from newly-elected Governor Ned Lamont and he outlined his vision for the upcoming session with a focus on improving Connecticut's economy. He was set to provide his administration's two-year budget proposal on February 20th where he will outline his plans to improve our fiscal outlook and overcome Connecticut's budget deficits.

This session, I was appointed to serve on three legislative committees: Transportation, Planning & Development, and Finance, Revenue and Bonding where I will serve as the House Ranking Member on the Transportation Bonding Subcommittee. In addition, I was named an Assistant Leader in the House Republican Caucus.

The Transportation Committee has cognizance of all matters relating to the Department of Transportation, including highways and bridges, navigation, aeronautics, mass transit and railroads; and to the State Traffic Commission and the Department of Motor Vehicles.

The Planning & Development Committee has cognizance of all matters relating to local governments, housing, urban renewal, fire, sewer and metropolitan districts, home rule and planning and zoning; regional planning and development activities and the State Plan of Conservation and Development, and economic development programs impacting local governments.

The Finance, Revenue and Bonding Committee has jurisdiction over all matters relating to finance, revenue, capital bonding, fees and taxation.

Some of the major topics up for discussion this session include the budget deficit, tolls, marijuana, sports gambling, and an increase in the minimum wage.

As always, please let me know if you have any questions or concerns related to this session, issues of importance to you, or any matters with state government. You can contact me at: 860-240-8700 or at: devin.carney@housegop.ct.gov.

Thank you for electing me to another term and I look forward to serving as your State Representative for the next two years.

Devin Carney, State Representative



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Social Services Department

As spring approaches, Social Services expects to provide assistance with the Renters' Rebate Program. State law provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, or living in cooperative housing or a mobile home may be eligible for this program. The application period runs from April 1 - October 1.

The VITA (Volunteer Income Tax Assistance) program offers free tax preparation services to individuals and families with a total household income at or below \$54,000. Appointments are available through TVCCA at: 860-425-6597 or call Infoline at: 2-1-1 for more information.

In addition, the United Way has partnered with H&R Block to provide free tax filing ONLINE. If you earned \$66,000 or less in 2018, visit: www.myfreetaxes.com to complete your state and federal tax return absolutely free. For more information, you can call 1-855-698-9435.

Energy Assistance is winding down, with a deadline for fuel authorizations of March 15, 2019. However, applications are accepted through May 1, (if the household is utility heated and they have a shutoff notice the last day to apply is May 15.)

Old Lyme Social Services offers help with information, paperwork and documentation processing for many of the state and federal programs available to residents. Social Services will make appropriate referrals to agencies and programs to help meet the needs of Old Lyme residents.

For more information, or to schedule an appointment, please contact: Jennifer Datum, Social Services Coordinator, at: 860-434-1605, ext. 228 or email her at: socialservices@oldlyme-ct.gov.

OFFICE HOURS ARE:

Mondays 9:00 am - 1:00 pm,
Wednesdays 12:00 pm - 4:00 pm,
Fridays 9:00 am - 1:00 pm or by appointment.

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Middlesex Health: Helping Connecticut Women at Risk for Breast Cancer

Middlesex Health Cancer Center's Comprehensive Breast Center is specifically designed to help identify women who may be at high risk for breast cancer due to family history or benign breast disease, as well as to monitor and treat women who have an established high risk for breast cancer. It also helps patients currently in treatment or in recovery.

For many women, their primary care doctor handles their mammograms, and that is appropriate care. However, those who are at greater risk for breast cancer would benefit from being monitored more closely, and that's where the Comprehensive Breast Center can help.

Dr. Andrea Malon, medical director of the Cancer Center and Comprehensive Breast Program; Dr. Kristen Zarfos, medical director of the Comprehensive Breast Center; and Dr. Chia-Chi Wang, a surgical oncologist, see patients who visit the Comprehensive Breast

Center. Women who are identified as being high risk, or who think they might be at high risk, are encouraged to either make an appointment directly or discuss their concerns with their primary care physician who can make a referral. Within the center, the scheduling of diagnostic tests and a meeting with one of the breast surgeons can happen on the same day.

Overall, Middlesex's goal is to coordinate care in a way that can reduce anxiety, expedite the process and help patients better navigate a cancer diagnosis and treatment.

Middlesex Health Cancer Center is accredited by the National Accreditation Program for Breast Centers. The Comprehensive Breast Center is located at 540 Saybrook Road in Middletown. The same services are also offered at a satellite office at the Middlesex Health Shoreline Medical Center in Westbrook. To contact the center, call 860-358-2780.

Summer Concert Series 2019

Mark Your Calendars for "Summer Sounds"

a four week musical series at the Lymes' Senior Center, 26 Town Woods Road

ALL AGES ARE WELCOME!!!

Bring your chairs, blankets, dinner, etc. the performances will be held out on the lawn (weather permitting) or inside if the weather is inclement. Concerts begin at 7:00 pm unless otherwise indicated! A free ice cream social will follow all concerts!

July 11 - Doo Wop Deville "New England's Premier Doo-Wop Show Band"

July 19 - The Cartells | **July 26** - Rock Solid Alibi (50s 60s & 70s) | **August 1** - To Be Announced

Old Lyme Historical Society



55 Lyme Street, P.O. Box 352,
Old Lyme, CT 06371
860-434-0684
<http://www.olhsi.org>

Located in the former Grange Hall at 55 Lyme Street, OLHSI is an all-volunteer organization dedicated to researching, preserving, and sharing the history of Old Lyme.

The first event in our spring lecture series is both lecture and concert. Ramblin' Dan Stevens will present Blues 101, the origins and development of the music genre at the heart of jazz, pop, and rock & roll. An accomplished blues musician in his own right, Dan will perform in a variety of styles, including demonstrations of the three-string cigar box guitar and the one-string diddley bow. These simple but expressive home-made instruments gave many a blues performer their first taste of music making, and the influence of their bottleneck slide sound still shapes the blues and

other genres today. Dan is the president of the MusicNow Foundation, dedicated to helping young people gain hands-on experience of music making and public performance in a variety of genres. Join us at: 55 Lyme St. on Saturday, March 16, 2019 at 6:30 pm. The \$10 admission supports the Historical Society and the MusicNow Foundation.



Among the lectures later this spring we hope to present a history of the Old Lyme Volunteer Fire Department. Please check our website or follow us on Facebook for further details of these and other upcoming Historical Society events.

High Hopes Volunteers -welcome to the family!

High Hopes volunteers participate in all of High Hopes' activities. 96% of our workforce are volunteers. They volunteer as individuals, as members of work groups, families, and participants in community service programs. They give their time, talents and energy to help support High Hopes and the people we serve and we could not run High Hopes without them.

What does it take to run our programs?

25 horses, 13 full-time and 13 part-time staff, 652 volunteers donating 28,635 hours of their time and endless enthusiasm! Luckily, there are enough roles that our volunteers need to fill, to fit every interest and ability such as: feeding horses in the paddocks; cleaning the barn; grooming and tacking; sidewalking or horse-leading. Our volunteers also help with reception, office duties and special events like our annual gala, Horse Show Days, and the High Hopes Holiday Market.

Our volunteers need to be 14 yrs. or older.



We encourage anyone who is interested in volunteering to visit our website to learn what it means to be a volunteer. Be sure to take a look at our volunteer stories too! We ask new volunteers to attend a general orientation session. After that you will select the role you would like to perform, and you

may need some extra training specific to that role.

Our next training sessions are on:

April 6, 2019	1:00 pm - 4:00 pm
April 29, 2019	4:00 pm - 7:00 pm
May 13, 2019	4:00 pm - 7:00 pm

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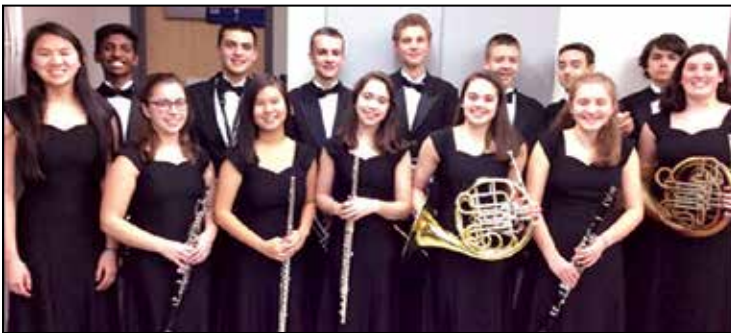
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Ruth Ann Heller Music Foundation Awards Scholarships



Clockwise from far left: Ruth Ann Heller 6th grade, 7th grade, 8th grade and high school.



The Ruth Ann Heller Music Foundation awards scholarships to instrumental students participating in Lyme-Old Lyme Middle and High School band programs. The 501(c) (3) non-profit foundation was formed in 1999 after the retirement of Ruth Ann (King) Heller, who had a wonderful and long-lasting impact on the District's band

programs. It is due, in part, to Ruth Ann's legacy that Lyme Old Lyme's school band programs continue to thrive under the dedicated and talented efforts of Jay Wilson and Carrie Wind. Scholarships are exclusively for private lessons and are paid directly to the instructors selected by the students and their families. One-on-one instruction provides a valuable opportunity for students to develop their musical skills and enhance the quality of the band performances.

Nearly all donations come from local individuals whose support is sincerely appreciated. Since 2001 over 340 scholarships have been awarded, including 36 this year. All of the tax-deductible donations go directly to student scholarships as board members cover the modest administrative expenses. Donations may be made to the Ruth Ann Heller Music Foundation, P.O. Box 298, Old Lyme, CT. 06371.

Each year the Foundation has highlighted recipients of the scholarships. This year we have chosen to give an update on Ruth Ann Heller who upon retiring decided that the gift that she received be used for the students in the Lyme-Old Lyme Middle and High Schools.

Ruth Ann reports in from sunny Orlando, Florida, that there are 'lots of clarinetists in town... and that all of the conductors radiate musicality'. Ruth Ann lists no fewer than five bands with whom she plays bass clarinet. The Orlando Concert Band is the City of Orlando's go-to performing group for many public events. Described by Ruth Ann as 'Pure heaven !', Southern Winds band is characterized by challenging music and accomplished musicians. Central Florida Winds, an ensemble of professional-level musicians, performs interesting and diverse music. Central Florida Chamber Winds affords Ruth Ann the opportunity to perform unusual music rarely played outside the collegiate setting. Ruth Ann has also had the opportunity to sub for the Orlando Philharmonic. When she is not playing, Ruth Ann volunteers for the Orlando Philharmonic library and serves as President of the Orlando Concert Band. It sounds like on a trip to Orlando, you couldn't help but hear Ruth Ann playing.

More information about the Foundation may be found on our website at: rahmf.org.

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Lyme Art Association

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860-434-7802 | lymeartassociation.org

TWO EXHIBITIONS

Art Supply Expo, and Swing for Art Golf Fundraiser

From March 8 through April 19, the Lyme Art Association presents its annual Four Acts show. Each room of the gallery has a different theme: Hip to be Square (works with a square format), Out of Town (featuring works about artists' travels), Animal Kingdom, and Explorations (abstract or exploratory works). The Four Acts opening reception is Sunday, March 17, from 2:00 to 4:00 pm.



Hip to be Square.

On Saturday, April 6, from 10:00 am - 3:00 pm, the Lyme Art Association hosts the Third Annual Art Supply Expo; a marketplace of high-quality supplies and materials for artists. This event is free and open to the public.

From April 26 through June 7, the Lyme Art Association presents the Elected Artists Exhibition, with works by the most accomplished artists of the Association, as well as an exhibition of work from the Connecticut Watercolor Society. The opening reception for this show is Sunday, May 5, from 2:00 - 4:00 pm.

And save the date: Monday, May 20 is the annual Swing For Art Golf Party at the Old Lyme Country Club.

The Lyme Art Association is open Wednesday through Sunday, from 10:00 am - 5:00 pm, and by appointment and is located at: 90 Lyme Street in Old Lyme, at the corner of Halls Road. Please call 860-434-7802 for more information or visit us at: lymeartassociation.org.



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Florence Griswold Museum



THE MUSEUM'S SPRING EXHIBITION

Who are our national heroes? Albert Einstein? Eleanor Roosevelt? Martin Luther King, Jr.? In *The Great Americans: Portraits by Jac Lahav*, the artist's nearly seven-foot-tall paintings of 30+ famous figures are a celebration of

America layered with references to history, lore, and imagery that shape our understanding of these larger-than-life icons. Through his psychologically complex and cheeky treatment of iconic figures from politicians to celebrities, Lyme-based artist Lahav explores the nature of cultural identity.

On view through May 12, the portraits explore the idea of who we consider "great" and the cultural underpinnings of our perceptions (whether fact or fiction) and call into question the very notion of "greatness" among American historical figures.

In keeping with the Museum's efforts to reflect a distinctly Connecticut point of view in our exhibitions, Lahav curated a selection of Lyme Art Colony works and objects from FGM's collection to appear in conjunction with *The Great Americans*. The artist created several new Connecticut-related works for his series, including portraits of Florence Griswold and Lyme Art Colony visitor Woodrow Wilson. The exhibition looks first at the cultural big picture of our national heroes, then draw the visitor's eye to see Connecticut-specific resonances—all through Lahav's uniquely 21st century lens.

The *Great Americans* inspired many great programs, including a new series of Saturday afternoon lectures that feature, among others, the artist talking about this body of work and Smithsonian curator Dorothy Moss lecturing on the Obama portraits. A series of gallery talks titled *Background/Foreground* brings scholars from a variety of disciplines to the Museum to share the history of the people in the portraits as well as their interpretation of Lahav's version



Florence Griswold Museum 1
One of 30+ larger-than-life-size portraits by Lyme artist Jac Lahav on display this spring as part of the exhibition *The Great Americans*.
Jac Lahav, Eleanor Roosevelt
-Whistling At Foxes, 32" x 80",
Oil on Canvas, 2010



Florence Griswold Museum 2
Jac Lahav,
Samuel Adams
-Palette For A Nation,
2018, 32" x 80",
Oil on Canvas, 2018

of them. They will offer insight on Edgar Allan Poe, Emily Dickinson, Benjamin Franklin, James Monroe, Daniel Boone, Eleanor Roosevelt, and Harvey Milk.

Visit the Museum on Sunday, May 5 from 10:00 am to 5:00 pm for Free Day!

The Museum encourages exploration of its exhibitions and grounds on this special free day. Visitors can tour the art exhibitions and historic Griswold House, create hands-on art activities, and check out the range of Explorer Kits from the Portable Art Cart. One day only! Matilda.

Rogers Lake Authority

DO NOT FEED THE WATERFOWL

The Connecticut Department of Environmental Protection indicates waterfowl are wild birds that can locate natural food sources throughout the year. Supplemental feeding by people is unnecessary and can lead to malnutrition and disease transmission.

Reminder that the horsepower limit on Rogers Lake is 135 HP. Connecticut Boating Regulations require that no person shall operate a motorboat at a speed in ex-

cess of Slow-No-Wake within 100 feet of shore, a dock or other vessel. Personal watercrafts are required to stay 200 feet from shore, a dock or other vessel.

The Rogers Lake Authority asks for your assistance in reporting unsafe activity occurring on Rogers Lake anytime of the year. To report any unsafe activities, please use the form that is available on the Rogers Lake Authority website at: http://www.oldlyme-ct.gov/Pages/OldLymeCT_BComm/rogers_lake/index?textPage=1 Click on

"Report Boating Violation." If unsafe activity needs immediate action, call 911. Thank you for your assistance.

Connecticut State law 12-155 prohibits the use of a fertilizer containing phosphorous less than 20 feet from any body of water.

A \$500 fine is imposed on violators. If you have questions on the phosphorus legislation or soil testing, call the UConn Home & Garden Education Center at: 877-486-6271.

Wallpaper Trending - 2019

WALLPAPER IS EXPERIENCING A REVIVAL

Started in 2018 it is making a huge comeback and the trend should continue well into 2019 and beyond... And why not? Wallpaper is an ideal product to cover less than good condition walls. Wallpaper can add life and good design to an otherwise ordinary room. And this time around, it is seriously not your grandmother's wallpaper as the movement in interiors is away from minimalism and a return to maximalism.

Today's wallpapers today are rich with color, bold florals (think botanicals), textures, metallics and geometric patterns... But unlike wallpaper installations of the past where all walls were typically wallpapered, today it is more often used as an accent or feature wall. This is not to say designers are not papering all four walls. Accent or feature walls can be a wall behind a headboard or a crib in the nursery, in powder rooms, entry foyers

and mudrooms, used in panels, on ceilings... the possibilities are endless.

There are basically two types of wallpapers and installations. The first is a traditional wallpaper or paste apply. It is a durable, long-term solution that requires applying an external adhesive to the wallpaper with a paste machine or roller. This creates a stronger bond with the wall than a self-adhesive material, making it well suited to more permanent applications.

The second type is a self-adhering, removable adhesive. Self-adhesive wallcoverings are available in permanent and removable options, with up to two years' durability.

If you are nervous about making a commitment or require a temporary installation, self-adhering wallpaper can be a great option. It is convenient and easier to install than the traditional glue down papers. Its clean and easy to apply. There is no need for a paste with adhesives and

bonding materials for both the wall and wallpaper. Another advantage of the self-adhering wallpaper is the ease of removal without damaging the wall. This product is ideal for renters allowing them to bring in a bit of their own personality and then leave the space in its original condition. One caution, as the product is designed to release from walls it has been known to come off walls when something rubs up against it or pulls on it. Careful placement and care should help alleviate this issue.

So, if you are looking to add a pop of color, a bold statement, a bit of texture, a little or a lot of personality, wallpaper may very well be what you are looking for... don't be afraid... since you have both permanent and less than permanent options to choose from... Design well!

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Dates Set for the 83rd Annual White Elephant Sale!

Intake Begins June 27

Sale Takes Place July 12 & 13

Preparations are already well in hand for the perennially popular White Elephant Sale hosted by the Ladies Benevolent Society of the First Congregational Church of Old Lyme.

For those new to town or folk who have never participated, this annual sale is one of the main events on both the town and church summer calendars. It all starts with the intake period when you can drop off unwanted items at the church from your house or yard - think basement, attic, closets and outdoor sheds.

Garage, tag and rummage sales may be everyday affairs, but few, if any, can match the size and color of this one. The sale items are organized into some 20 departments that fill the church buildings as well as every available space on the lawn. The



After the first strike of 9:00 am, it's immediately a hive of activity at the White Elephant Sale.

White Elephant Sale has grown so large that it has become a true "community event" since many of the donations are from non-church members and quite a number of volunteers are also from outside the church.

The sale raises a significant amount of money for missions and good works both locally, nationally and internationally. Some of the beneficiaries include food pantries, health organizations, family support

centers, children's programs, literacy volunteers, affordable housing, and disaster relief worldwide.

Mark your calendars now for the dates of this year's sale. Intake begins on Thursday, June 27, from 9:00 am to 2:00 pm, continuing Friday, June 28, Saturday, June 29, and Monday, July 1, for the same time each day. Then there will be a break for the July 4th holiday after which intake restarts for the final two days - Friday, July 5, and Saturday, July 6 - again from 9:00 am to 2:00 pm. The sale itself will be held on Friday, July 12, from 9:00 am to 2:00 pm and Saturday, July 13, from 8:00 am to 12:00 pm. Most departments offer items at half-price on the second day.

For more information about the sale or if you would like to volunteer in any capacity, whether with intake, the sale itself, or clean-up, call the church office at: 860-434-8686 or visit: www.fccol.org. See you at The Sale!



Roger Tory Peterson Estuary Center

Connecticut Audubon Society | Roger Tory Peterson Estuary Center

90 Halls Road, Old Lyme, CT 06371 | 860-598-4218 | www.ctaudubon.org/rtppec

The Connecticut Audubon Society's Roger Tory Peterson Estuary Center is dedicated to the conservation and preservation of the Connecticut River Estuary ecosystem and watershed, through science-based research, education and advocacy.

UPCOMING PROGRAMS

Roger Tory Peterson Estuary Summer Camp | Register now!

The RTPEC launches summer camp for young explorers where science, nature, and art converge with fun. While each session has a natural science focus, your child will be busy discovering creatures, critters, and plants, making new friends and enjoying outdoor activities. Campers ages 5 to 11 will be divided into age-appropriate groups with a hands-on curriculum tailored to meet each child's interest and skills. Expect your child to return with earthy fingers and toes! Each session includes an off-site excursion! Summer camp runs June 24 - Aug 2. Register online at: www.ctaudubon.org/rtppec.

Thursday, April 11; 6:30 pm | 90 Halls Road, Old Lyme

Osprey Nation Information & Training Session

Volunteers needed!

Join Connecticut Audubon Society's Miley Bull, senior director of science and conservation, for an informative session on the how's and why's of monitoring our state's burgeoning Osprey population. Information will include: how to locate an active nest, how to sign up and register to become a volunteer, how often to monitor nests and

for how long, tools needed, how to use the online reporting sheet and more!

Connecticut River Spring Lecture Series

The Connecticut Audubon Society's Roger Tory Peterson Estuary Center is pleased to present its 2019 Spring Lecture Series. These lectures are free but seating is limited.

Thursday, May 9; 5:00 pm | First Congregational Church of Old Lyme Fellowship Hall | Neil Pederson, Senior Forest Ecologist, Harvard University Forest

Pederson will speak on the on the dynamics and long-term development of New England forests and what they tell us about climate change.

Thursday, May 15; 5 pm | Essex Meadows Hamilton Hall, Essex | Scott Warren, retired Jean C. Temple '65 Professor of Botany at Connecticut College

Warren will discuss the fascinating ecology of the Connecticut River estuary and its distinctive ability to deal with rising sea level.

Thursday, May 30; 5:00 pm | Old Lyme Town Hall | Margaret Rubega, Associate Professor, Department of Ecology and Evolutionary Biology, UCONN
Rubega will give a broad introduction of the birds of the Connecticut River estuary and their dependence on salt marsh and tidal wetlands habitats.

Estuary Explorations 2019

Join us in our third year and follow CAS conservation biologist Jim Arrigoni once a month April - November and explore various natural areas in southeastern Connecticut with special ecological features.

Saturday, April 6; 9 am | The Preserve, Old Saybrook

We will kick off the 2019 Estuary Explorations field trip program at this newly protected 1,000-acre patchwork of forest and wetland. Jim will lead a gentle 3-mile hike through the heart of this uniquely large coastal forest and around the edges of Pequot Swamp Pond.

Saturday, May 4; 9 am | Banningwood Preserve, Lyme

Venture up the Connecticut River Valley to discover the rich variety of habitats on a gentle 2.5-mile walk through the Lyme Land Conservation Trust's 102-acre Banningwood Preserve in Lyme.

All programs require pre-registration. We also host a variety of nature hikes, bird walks, citizen science opportunities and more throughout southeastern Connecticut. For more information visit our website at: www.ctaudubon.org/rtpec or visit us Monday-Friday at: 90 Halls Road between Walgreens and Big Y.

Duck River Garden Club

Old Lyme's garden club welcomes residents and visitors to enjoy our upcoming programs and activities, including our annual May Market plant sale. These upcoming programs at Old Lyme Memorial Town Hall are open to the public. Join us at 6:30 pm for social reception in the meeting room foyer, speaker at 7:00 pm, followed by 8:00 pm business meeting for DRGC members.

Monday, March 25, Knotweed Conquered!

Petie Reed, Perennial Harmony Landscape Design & Garden Store, and Abbie Stokes, Pine Grove Beautification Committee, explain how this East Lyme coastal community on the Niantic River is using organic gardening methods to successfully eradicate invasive Japanese Knotweed (*Polygonum cuspidatum*), also called Mexican Bamboo.

Monday, April 22, Foolproof Hydrangea

Lorraine Ballato, author of *Success with Hydrangeas*, will give tips on how to grow - and when to prune - the "queen" of American shrubs.

Tuesday, May 22, Garden Show & Tell - everything you ever wanted to know but were afraid to ask! An interactive and entertaining evening as DRGC members answer questions and share their knowledge, expertise and ideas.

Friday, May 10, DRGC's annual May Market Plant Sale, 12:00 - 7:00 pm, and Saturday, May 11, 9:00 am - 1:00 pm. Deer resistant and many native annuals, perennials, shrubs from members' gardens, veggie and herb seedlings, hanging baskets, plus baked goods and one-of-a-kind finds in our garden shed. Proceeds support our scholarships for high school seniors, civic beautification around town and our programs.

DRGC welcomes new members, contact Fay Wilkman, president, at: 860-391-2622, wilky286@msn.com. See more at: <http://www.oldlymeduckrivergc.org>.


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Dr. Robert Ballard - The Race to Save the Human Race by Sigrid Kun



Above center,
increasing our oceans'
productivity can
provide the way to
human survival.



Above right, each Nautilus
expedition includes scientists,
student interns, and educators.

Just back from the last leg of a 7 month-long expedition by his Corps of Exploration, Dr. Robert Ballard was at his Lyme, CT home - busy summarizing the 2018 series of expeditions by his 64-meter exploration vessel, the E/V Nautilus. Yes, he discovered the Titanic in 1985 (old news, he says, of what was actually a cover for a top secret naval operation). Yes, his work caused a wholesale change in how science was taught by uncovering the secrets of plate tectonics and hydro thermal vents (a revolutionary revelation evidencing that sunlight wasn't needed to support life). And the 30-year naval veteran and /geologist/undersea robotics developer/explorer has for so many years revealed to the world human history lost beneath the sea - with over 35 National Geographic television specials and countless books. After 150+ expeditions, starting at age 17, retirement isn't in the works for the 76-year old.

Our Oceans - The Last Frontier

Dr. Ballard's unrelenting pursuit of ocean education and exploration through his non-profit organization, the Ocean Exploration Trust ("OET"), is urgent. There are sobering facts: 95% of the Earth's population lives on less than 5% of the Earth's surface; farmland is being replaced with housing tracts; while 95% of all living space is located in largely unexplored international waters. But 90% of all large, predatory fish have been hunted down and killed. The carrying capacity of our planet is already at the brink. By 2050 we will not have enough food to feed everyone.

The Wichita, Kansas-born explorer explains that the Earth's waters, largely unexplored, are the human race's final hope. "I'm worried about the human race," he says. "The big question is, will the human race survive? The Earth will be fine. The planet is a creature. It was born. It evolves. It will die. It just has a long life expectancy. But there's no Plan B for the human race." The key, he says, is to move from hunting/gathering in the ocean to creating productive waters via deep sea farming - just as society thousands of years ago moved away from hunting and gathering on the Earth's lands and into organized food production. Every Ballard/OET/Nautilus expedition provides vital information as to how our Earth's waters can provide for the survival of humanity. The programs run on

multiple tracks; internships, community STEM and STEAM (to include the Arts) programs, and fellowships. Each ocean expedition includes scientists, student interns and educators as part of the Nautilus corps. The OET website is maintained on a 24/7 basis while the Nautilus is at sea to provide for live communication and interaction. During the last expedition, over 24,000 questions were answered live. Each expedition cultivates a new set of students and mentors (both on and off-board). "The key is to do it wave after wave after wave," he says. To make a difference you needed to reach millions of students.

No Boundaries

Dr. Ballard's message, however, is about more than just the ocean. Life's lessons include understanding one's self. Dr. Ballard is dyslexic. For quite a while, he didn't even know it. It took the book "*The Dyslexic Advantage*" to explain me to me. It was a strange but enlightening experience. Those affected (which is 10% of the population) are often loathe to admit it. To him, it is a gift - an interesting advantage. "I created a dyslexic world that I excel in," he explains. Dyslexia has caused him to rely on visualization and memorization. "It's perfect," he says. "In the sea, it's all dark...it's pitch black. But the water goes away and I see everything." He recalls a dive in 1986 to explore the Titanic. Everything went wrong. No sonar. No tracking. Landing 12,000 feet below surface in the mud, there were no signs of the Titanic to the other crew members. "It's over there," pointed Ballard. And, indeed, the Titanic was.

Dr. Ballard is also a keen proponent for empowering women. As he puts it "males as top leaders is by their design." Empowering women, he maintains, is a key to saving the human race. Accordingly, he mandates that 50% of his team be comprised of women.

Where Do We Go From Here?

Dr. Ballard is a problem solver - from 15 years spent restoring an earlier home to jigsaw puzzles (even when the 1,000 pieces are the same shade of blue, with no border pieces, holes in the puzzle, and extra pieces just for kicks.) But he doesn't have the ultimate answer. Will the human race survive? "I am a realist. The Earth is becoming aware of us and deeming us as a threat," he observes. "We still have time but indications are we are going in the wrong direction." What can we do? "Look at the first 12 feet around you. Look at what you are doing," urges the avid recycler. "Leave things better than you found them. That's what my grandmother taught me."



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